

Therapeutic Massage Program of Study

Certificate/AAS Therapeutic Massage Program Prerequisites		
Course No.	Name	Credit Hours
BIO160	Intro. Human Anatomy/Physiology	4
WED151	Overview of Alternative Medicine	3
WED165	Overview of Massage Therapy	2
HCC130	Fundamentals in Health Care Delivery	3
HCC145AA	Medical Terminology for H.C.	1
WED215	Selfcare for Massage Therapists	2

Total Prerequisite Hours 15

Required Core Courses		
Course No.	Name	Credit Hours
WED230	Therapeutic Massage Practices I	6
WED231	Therapeutic Massage Practices II	6
WED232	Therapeutic Massage Practices III	6
MGT253	Owning & Operating a Small Business	3
WED250	Clinical Practicum	3

Total Core Hours 24

Restricted Electives : 4Cert./8AAS Credits (Select electives from different categories)		
Course No.	Name	Credit Hours
Category I		
HES100	Healthful Living	3
HES271	Prevention/Treatment of Athletic Injuries	3
WED297AC	TCM Theory I	3
WED297AC	TCM Theory II	3
Category II		
WED210	Sports Massage	2
WED262/264	Acupressure/Shiatsu I & II	2
WED297AB	Special Topics	2
Category III		
WED156	Humor & Play	1
WED162	Meditation & Wellness	1
WED170	Principles of Homeopathy	1
WED172	Herbal Remedies	1
WED176	Flower Essences	1
WED218	Aromatherapy	1
WED297AA	Special Topics	1
Category IV		
PED202VR	Tai Chi	1
PED202AO	Aikido	1
PED202YJ	Yoga	1
WED121	Physical Conditioning for Massage Therapist	1

Total Certificate Hours 43

Associate of Applied Science Requirements		
Course No.	Name	Credit Hours
ENG101/107	First Year Composition/for ESL	3
ENG102/108	First Year Composition/for ESL	3
COM110 or	Interpersonal Communication	3
COM230	Small Group Communication +	3
CRE101	Critical Reading/Assessment equivalent	3
<i>Mathematics as indicated by assessment: 3 Credits</i>		3
<i>Humanities & Fine Arts: 3 credits</i>		3
REC120	Leisure and the Quality Life	3
Total		21

Total AAS Hours 68