

The Phoenix College Fitness Center and Group Exercise classes are open to the community as well as our students. Come experience state of the art equipment and outstanding instruction by degreed and certified fitness professionals.

Whether you are new to exercise or looking to make changes in your current program, highly qualified instructors are always available to assist in helping you achieve your goals.

Yearly: Jan.~Dec.	\$ 340.00	Jan. 2	Dec. 31
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5 month: Jan.~ May	\$ 145.00	Jan. 2	May 30
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4 month: Feb.~May	\$ 120.00	Feb. 1	May 30
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3 month: Mar.~May	\$ 85.00	Mar. 1	May 30
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2 month: Apr.~May	\$ 60.00	Apr. 1	May 30
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3 month: May~July	\$ 85.00	May 1	Jul. 31
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2 month: June~July	\$ 60.00	Jun. 1	Jul. 31
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1 month: July only	\$ 30.00	Jul. 1	Jul. 31
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7 month: June ~Dec.	\$ 215.00	Jun. 1	Dec. 31
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6 month: Jul. ~ Dec.	\$ 185.00	Jul. 1	Dec. 31
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4 month: Sept.~Dec.	\$ 120.00	Sept. 1	Dec. 31
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3 month: Oct.~ Dec.	\$ 85.00	Oct. 1	Dec. 31
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2 month: Nov.~ Dec.	\$ 60.00	Nov. 1	Dec. 31
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**Enroll today!**

Services include:

- ◆ FREE Personalized exercise plans
- ◆ FREE Blood pressure checks
- ◆ FREE Body composition testing
- ◆ Comprehensive Group Exercise program

Some of our Group Exercise classes include:

- ◆ Pilates
- ◆ Body Sculpt
- ◆ Gentle Yoga
- ◆ Indoor Cycling
- ◆ Step
- ◆ Short Circuit



**Print this page and bring it to the Fitness Center to receive a 1 week pass at no charge.**

*Corporate Discounts available. Check with your employer to see if they are a member.*



## Guest Pass

This pass entitles

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to one free week at the Fitness Center & Group Exercise classes. Please bring this coupon and a picture ID to each and every workout.

Start Date \_\_\_\_\_

End Date \_\_\_\_\_

\_\_\_\_\_  
Instructor Issuing Pass

Student must be at least 18 years old and registered in Guest section